Foundational Community Supports Aging and Long Term Supports

Administration (ALTSA)

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Aging and Long Term Supports Administration (ALTSA)

- What does ALTSA provide?
 - Provides in-home and residential caregiver supports
- Who does ALTSA serve?
 - 18 years + who need assistance with their Activities of Daily Living (ADLs) i.e.
 Bed Mobility, Transfer, Dressing, Eating, Hygiene, Toilet Use, Bathing, Walking,
 Locomotion In/Out of Room, Medication Management
 - Instrumental Activities of Daily Living (IADLs) i.e. Transportation, Shopping, Housework, Meal Preparation,



Aging and Long Term Supports Administration (ALTSA)

Vision

 Seniors and people with disabilities living in good health, independence, dignity, and control over decisions that affect their lives

Mission

• To **Transform Lives** by promoting choice, independence and safety through innovative services

Serving approximately **77,000** individuals per year

- Average monthly caseload ~ 64,000
 - 36% individuals with disabilities
 (~ 23,000)
 - 64% seniors (~41,000)
 - ~85% served in home and community settings
 - ~70% have a mental health diagnosis



Technical Assistance and Support Available

- Verify FCS participant benefits
- Assistance to Learn state specific programs, identify benefits planning resources and learn financial eligibility Medicaid rules
- Does your agency have access to ProviderOne (P1)?
 - FCS Medicaid Eligibility Verification Instructions
 - Can find the ACES coverage group for Medicaid in P1



ALTSA Supported Employment Contacts

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DSHS Regional Breakdown



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